






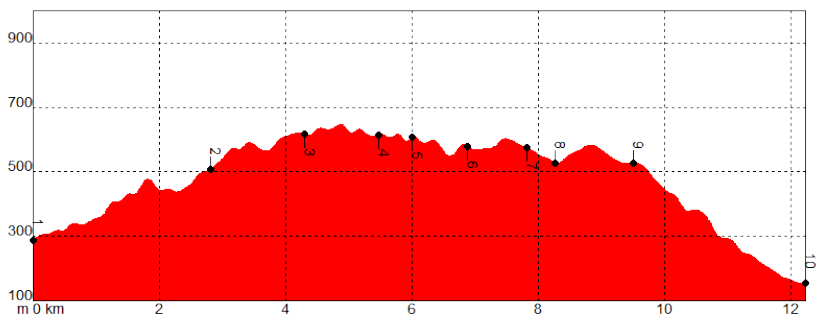
# 34. BENALMÁDENA • ALHAURÍN DE LA TORRE

Benalmádena (N) (290 m)  Alhaurín de la Torre (S) (150 m) 

12.3 km  4 h 10 min.  440 m  620 m  Linear  

On foot    1.2 km  1.1 km  10 km 

Environment hazards  **1** **2** **3** **4** **5** Underfoot Conditions  **1** **2** **3** **4** **5**  
 Navigation  **1** **2** **3** **4** **5** Physical Effort  **1** **2** **3** **4** **5**



- Road traffic circulating at the start and end
- Cyclists sharing the same pathway

PR-A 171

Mijas Benalmádena, from the Tajo de la Sabia to Las Ovejas Pass

PR-A 172

Los Puertos de Torremolinos passes, overlapping for 2.5km in the middle section

SL-A 50

Jabalcuza hill, overlaps at the end

P O I N T	X	Y	HEIGHT ABOVE SL	DISTANCE
1.Benalmádena (N)	359405	4051635	290 m	Km 0,0
2.Tajo del Quejigal gorge	358645	4053000	500 m	Km 2,8
3.La Cruz pass	359110	4053585	635 m	Km 4,3
4.Puerto Viejo pass	360125	4053695	615 m	Km 5,5
5.Las Ovejas pass	360420	4054085	595 m	Km 6,0
6.El Viento pass	360880	4054510	565 m	Km 6,9
7.El Lobo ravine	361580	4054950	575 m	Km 7,8
8.Blanquillo pass	361855	4055265	530 m	Km 8,3
9.El Canuto pass	362565	4056040	520 m	Km 9,5
10.Alhaurín de la Torre (S)	361175	4057760	150 m	Km 12,3



STAGE 34 MAP

